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Case Report

Late manifestation of intracranial leptomeningeal carcinomatosis secondary to breast cancer: a case report

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ABSTRACT

Leptomeningeal carcinomatosis (LMC), also known as carcinomatous meningitis is defined as the spread of malignant cells to pia and arachnoid maters. Most of the cases occur as an uncommon, catastrophic and late complication of metastatic carcinomas. Breast cancer is the most common cause, followed by lung cancer, melanoma and haematologic malignancies. Occurance of LMC without brain parenchymal involvement is rare. We present a 31 year old female patient with with history of breast cancer treatment 2 years ago, who was admitted to the emergency department with neurological deterioration and diagnosed with LMC without intraparenchymal metastasis.

KEY WORDS: leptomeningeal carcinomatosis, carcinomatous meningitis, breast cancer, MRI

INTRODUCTION

Leptomeningeal carcinomatosis (LMC), also known as carcinomatous meningitis is defined as the spread of malignant cells to pia and arachnoid maters through the cerebrospinal fluid (CSF) spaces. LMC may be intracranial or spinal. These cells can be originated from primary CNS tumors as in drop metastases. However, most of the cases occur as an uncommon, catastrophic and late complication of metastatic carcinomas, likely via haematogenous spread with an approximate incidence of 5–8% in solid tumors and 5–15% in hematologic malignancies ^[1].

Over 50% of cases have concurrent brain parenchymal metastases ^[2]. Breast cancer is the most common cause, followed by lung cancer, melanoma and haematologic malignancies. Only about 5-8% of breast cancer patients develop leptomeningeal metastasis ^[3,4] and the prevalence of LMC without brain parenchymal involvement is around 3.5% ^[5]. We present a female patient with history of breast cancer treatment 2 years ago who was admitted to the emergency department with neurological deterioration and diagnosed with LMC without intraparenchymal metastasis.

CASE REPORT

A 31-year-old female patient presented to the emergency department with the complaints of headache, nausea, vomiting, diplopia, blurr speech, mental alteration and gait disturbance. She had a medical history of right breast lumpectomy and axillary dissection with the diagnosis of breast cancer 2 years ago. She had also received chemo-radiotherapy at that time. Head computed tomography (CT) performed at the day of admission and showed moderate triventricular hydrocephalus and periventricular hypodensities suggesting transependymal CSF leakage. Supra and infratentorial sulcal effacement, loss of cerebral fissures and all basal cisterns were noted. Mesencephalon, pons and medulla oblongata were markedly compressed as the result of increased intracranial pressure (fig. 1). Contrast enhanced brain magnetic resonance imaging (MRI) has been ordered and revealed diffuse hyperintensities of the tentorium and folia of cerebellum on pre-contrast T2W and FLAIR sequences. Faint, lineer cerebral leptomeningeal hyperintensities were also observed on FLAIR images. The

obliteration of basal cisterns, compression of brain stem and cerebellar tonsillar herniation were evident on sagittal images (fig. 2). Diffuse linear leptomeningeal enhancement of both cerebral and cerebellar hemispheres, more prominently at posterior fossa, were seen on post-contrast T1W images (fig. 3). No intraparenchymal lesion was detected. An external ventricular drainage (EVD) catheter was placed urgently for acute management of the hydrocephalus. Infectious etiologies were excluded by cytological analysis of CSF obtained from EVD rather than lumbar puncture which is contraindicated in this case due to the patient acute hydrocephalus and raised ICP. Atypical pleomorphic malignant cells were revealed. Based on both the cytological analysis of CSF (obtained from the EVD catheter) and on the MRI findings, the patient was diagnosed with LMC. MRI of entire spinal axis was recommended but it could not be done because of the unstable status of the patient. Despite intrathecal methotrexate therapy and all other supportive treatments, the patient gradually deteriorated and deceased 30 days post admission.

DISCUSSION

LMC is one of the late complications of metastatic cancers. Clinical presentations vary with the site of the nervous system infiltrated by tumor cells. Cerebral involvement manifests as headaches, nausea, seizures and communicating hydrocephalus. Cranial nerve involvement may cause diplopia, decreased acuity of vision, hearing loss, facial numbness. Spinal involvement may result in extremity weakness, paresthesias and/or pain^[5]. Our case had all kinds of symptoms associated with cerebral, cerebellar and cranial nerve involvement. Rarely, LMC may be the first presentation of the patient with no history of primary malignancy. Shin *et al.* reported 3 cases of LMC who presented with meningitis symptoms to the emergency department without previous diagnosis of malignancy^[6]. Although CSF cytology has a high specificity, it is not sensitive with high false-negative rates as reported in many studies^[7,8]. Therefore, LMC is a diagnosis primarily based on MRI findings. The primary finding is diffuse or focal, linear-nodular gyriform leptomeningeal enhancements often scattered over the brain in a sugar coated manner and possible nerve root enhancements^[9]. However, leptomeningeal enhancement is not specific for LMC and can also be observed in other conditions resulting in leptomeningeal irritations such as infectious and inflammatory meningitis, chemical meningitis, vasculitis and neurosarcoidosis^[10]. Additionally, false positive leptomeningeal enhancement may be seen in patients under immunotherapy^[11], intrathecal therapy and patients with intracranial hypotension^[12]. On precontrast images conventional T1w and T2w sequences may be normal but, abnormally elevated signals within the sulci on FLAIR images may often be seen^[13].

CONCLUSION

In patients with previous history of malignancy and new onset or worsening headache and/or other neurologic manifestations contrast enhanced MRI of the brain and whole spinal axis should be performed. Early recognition of acute hydrocephalus secondary to LMC, together with timely placement of EVD catheter are pivotal steps in the initial management. In these patients, EVD is therapeutic and also diagnostic in that it allows

for CSF sample collection safely (in contrast to LP which should be avoided). In cases without malignant cells on CSF cytology, other possible causes of leptomeningeal enhancement on brain MRI should also be ruled out.

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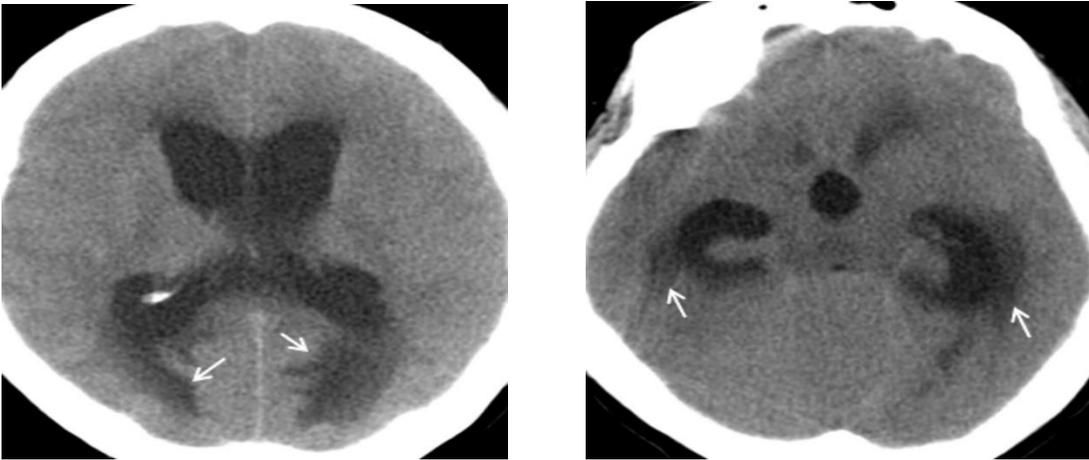


Figure 1: a, b) Head CT scan performed at the day of admission and showed having moderate triventricular hydrocephalus and periventricular hypodensities suggesting transependymal CSF leakage (**a,b, arrows**). Note the effacement of sulci, cerebral fissures and basal cisterns. The compressed brain stem is recognizable.

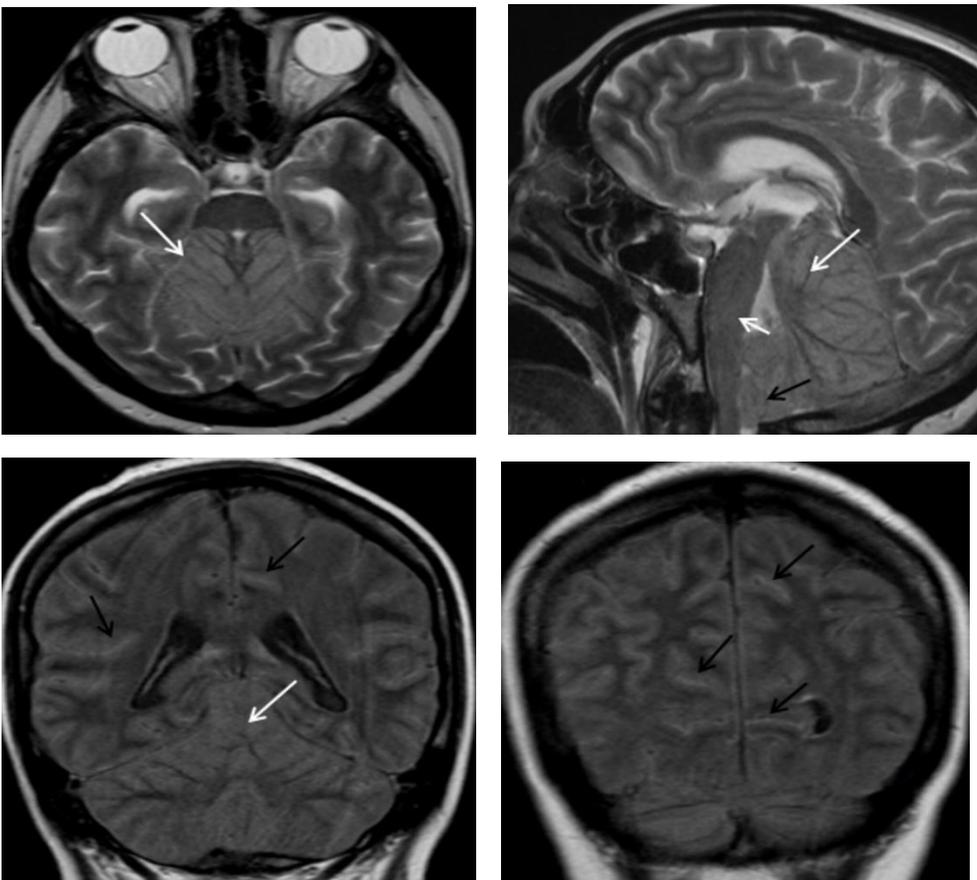


Figure 2: a,b,c,d) Precontrast brain MRI images showing diffuse hyperintensities of the tentorium and folia of cerebellum on T2W (**a,b, White arrows**) and FLAIR (**c, white arrow**) sequences. The linear cerebral leptomeningeal hyperintensities are also seen on the FLAIR images (**c,d, black arrows**). Note the compression of the brain stem (**b, short white arrow**) and the cerebellar tonsillar herniation (**b, black arrow**).

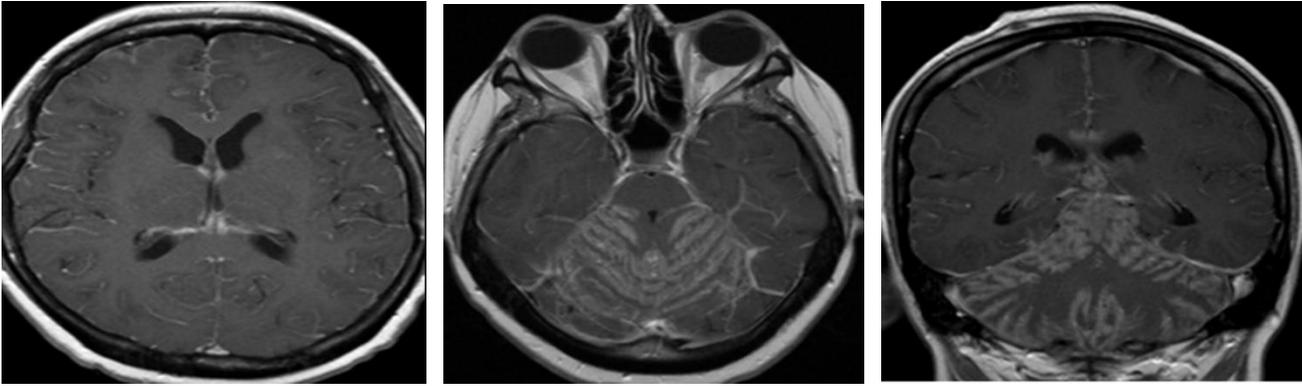


Figure 3: a,b,c) Postcontrast brain MRI images showing diffuse linear leptomeningeal enhancement of both cerebral (**a**) and cerebellar hemispheres (**c,d**), more prominently at posterior fossa on post-contrast T1W images.